

Dear Prospective PunchFront Cheerleader and Parent,

Thank you for choosing PunchFront Cheer. We are thrilled with the opportunity to work with you and your athlete. It is our goal to build skill and character in all of our athletes while enjoying a fun and memorable experience as a team player.

As we grow to be one of the top respected gyms in the area, positive attitude and customer service at PunchFront is what sets us apart from other programs. We invite you to add to our enthusiastic environment with your involvement as an athlete and as a parent supporter.

We know good communication is essential in a program and it is our goal to be readily accessible for your questions, comments and concerns. We will do everything in our power to make sure you are treated fairly and informed at all times. We have an “open door” policy in our office and encourage positive and constructive comments throughout your experience with us.

We truly value you as our clients.

It is the mission of PunchFront Gymnastics & Cheer to “build character and inspire athletes”. We hope this is evident in the time you spend with us. It is our intention to make every student and family feel welcome and important in our program.

On a personal note we would like to thank you for your business. We are appreciative of the loyal customers we have in the PunchFront Cheer program and truly have a #PFGCFamily we are certain you will love.

Thank you again and welcome to the PunchFront Cheer program!!

Jarvis Willis

All-Star Director

Cell: (478)718-2280

Email: jarvis.punchfront@gmail.com

Chris & Chrystie McIlwain

Owner & Gym Director

Bus: (478) 302-5811

Email: punchfrontgc@gmail.com

We are excited about you joining one of the newest running all-star programs in the nation. As an PunchFront Cheer team member, you will have opportunities to perform and compete at games, festivals and promotional work as well as local and National competitions. Participating on an all-star team may increase one's chance of placement on a high school squad or obtaining college scholarships by exposing cheerleaders and dancers to the advanced skills sought by these programs.

We want this to be an exciting and unforgettable experience for you and your child(ren). We will provide a structured and healthy environment for your child, but we expect your child to take our program seriously and work hard as a PunchFront Cheerleader. Our goal is reaching the maximum potential of each individual and the squad as a whole. We expect each family to represent our gym and PunchFront in a positive manner. There will be more information to follow regarding parent expectations and behaviors.

What is Half Year All-Star Cheer?

All-Star cheer is a competitive, team activity that includes a 2:00 minute routine combining tumbling, stunts, jumps, dance/motions and performance/showmanship. The All-Star industry is governed by an organization known as the United States All Star Federation, USASF.

The USASF sets routine guidelines, experience levels and age groups in order to allow teams to compete against other teams of similar age and ability levels. Teams are divided into six levels and the following age groups: Tiny (6 & under), Mini (8 & under), Youth (11 & under), Junior (14 & under), Senior (11-18).

The USASF requires athlete registration for the 2017-2018 season. This is similar to athlete registration with other youth sports like baseball, gymnastics and swimming. Your \$30 USASF Fees are not covered in tryout fee.

PUNCHFRONT CHEER ESTIMATED EXPENSES

How much does it cost? Price does vary depending on age. A breakdown of all charges is on page 9 and a calendar of the payment schedule is on page 10 which includes all fees and charges for the entire year. Any fundraising will be deducted from the fee shown on page 10 each month.

These fees are broken down into monthly payments. **Please make sure you are able to meet all financial obligations prior to joining a Punchfront Cheer team.** Valid credit card must be on file and all balances are due on the first day of the month. Cash and check payments are welcomed but must be paid prior to the auto draft date on the first day of the month.

Monthly Gym Tuition (includes all-star practices and additional tumbling class TBD)

\$149 a month tuition

- **Competition/All-Star Expenses**

(include all registration fees) \$160 (2 competition) (crossovers pay an additional \$60), Uniform package (see page 9), Music \$100, Choreography \$100,

Coaches Fees:

- \$30.00 X 2 payments (covers coaches fees, hotel accommodations for coaches travel, mileage and per diem)

* Any team receiving a bid will potentially have additional competitions expenses. In the event that a team receives a partial or paid bid, these additional amounts would be significantly reduced. A team meeting will take place outlining costs involved once a team receives a bid.

IMPORTANT: ALL MONTHLY FEES ARE DUE ON THE LAST DAY OF THE PREVIOUS MONTH. A CREDIT CARD MUST BE KEPT ON FILE AND REMAIN CURRENT FOR AUTO DRAFT ON THE LAST DAY OF THE MONTH. IF YOU PREFER TO PAY BY CHECK OR CASH YOU MUST DO SO PRIOR TO THE AUTO DRAFT DATE OR YOUR CARD WILL BE CHARGED. TO AVOID A LATE FEE OF \$20 YOUR ACCOUNT MUST BE PAID BY THE 5TH OF THE MONTH.

POST DATED CHECK WILL NOT BE ACCPETED TO AVOID LATE. IF YOU NEED TO UPDATE YOU CARD YOU CAN DO SO AT THE FRONT DESK OR IN THE PARENTS PORTAL.

TEAM PLACEMENT INFO

Placement Evaluations November 4th

10:00 am - 1:00 pm

Private Evaluation Please Email jarvis.punchfront@gmail.com

Once you have completed your placement assessment you are free to leave the gym. Parents will not be allowed to watch evaluations. All squad decisions will be made by the PunchFront coaching staff. We will select teams to be the most competitive within their division. This requires us to look for a certain number of bases and flyers for each team. We will place cheerleaders on teams based on their overall abilities and where we feel they will be most successful. Keep in mind that one or two individual skills will not dictate the level for an athlete. Also note that the levels dictate the ability range, not the age group. It is our goal to place EVERY athlete on a PunchFront team.

RESULTS

Results will be posted on our web-site www.punchfrontgc.com by 9 am on Sunday November 5th. Be sure to “like” us on Facebook and follow us on twitter and Instagram for a possible earlier posting!

MANDATORY PARENT MEETINGS

Attendance of at least one parent is mandatory at a parent meeting Sunday, November 5th at 2pm in the lobby of the gym. Please note that your down payment of \$299 will be due to the front desk by November 5th to retain your placement on a team.

PRACTICE

Cheer team members will practice with their squad 2 times per week and attend a mandatory regular tumbling class of their choice. We also offer a stretch class free of charge each week to all PunchFront Cheerleaders. Normal practice times include one weeknight and a Sunday afternoon for cheer squads.

A calendar is posted on-line for all members by the 15th of the month prior. This calendar is approved by the coaching staff in advance and extra practices will only be called in case of emergency. All PunchFront Cheerleaders are expected to attend all practices.

ATTENDANCE

ALL ABSENCES must be cleared by your coach via e-mail in advance. Please do not assume an absence is excused until you have heard back from your coach. Please do not leave messages on the gym phone about absences as we do not check the voicemail regularly during the weekends. Excused absences include contagious sickness with a doctor's note, vacation plans cleared two months in advance, mandatory school events and family emergencies. Withholding a child from practice should not be used as a form of punishment. Athletes are expected to handle school and practice; therefore, homework is not an excuse for missing practice. For the sake of the team, any member absent for any reason two weeks before a competition may be removed from the routine for the upcoming competition. Excessive absences or absences not cleared through your coach may result in dismissal from the team for the remainder of the season without refund.

Tardiness hinders the squad's ability to utilize all practice time and will be handled with additional conditioning. Excessive tardiness (excused or unexcused) may result in dismissal from the team for the remainder of the season without refund.

Safety

Safety is the number one priority of this program. Unsafe behavior is strictly forbidden. If at any time the gym staff feels an individual's behavior is jeopardizing the squad in any way, the staff may warn, suspend or remove that individual from the squad. Only enrolled athletes are allowed in the gym area. No parent or sibling are permitted inside the training area at anytime. Should you need your child please see a staff member at the front! Also for the safety of all clients and family all children in lobby must be supervised by an adult. **NO CHILDREN AT ALL IN THE PRESCHOOL AREA!**

Forms & Payments

A medical release form must be completed for each participant involved with PunchFront Gymnastics and Cheer. This release allows coaches and representatives of the gym to obtain medical attention for your child should the parent/guardian not be present.

Fundraising

Sponsorship and fundraising opportunities will be available throughout the year. All monies raised by each family go directly into the family's gym account. Fundraising is optional.

PERFORMANCES/COMPETITIONS

Throughout the months of March and April we typically attend one competition per month. When traveling, all squad members must stay at the hotel reserved by the gym. Each family may travel any way they want (car, plane, bus, train) as long as they are at the correct meeting place at the right time. Our staff and gym representatives will not assume liability for your child while traveling.

For competitions you will be given the following times the week of the event:

What to wear: Cheerleaders must wear their sponsor shirts while walking around the venue.

Parent's: We want everyone to participate and support their child. We will be selling several styles of shirts in the pro shop to choose from and hope to see everyone in blue, yellow and green. We do not permit anyone unapproved to use the PunchFront logo or make shirts with our name as we hold pride in our quality and the PunchFront brand.

Arrival Time: when you must be present for team reps to take roll completely dressed in warm up with hair and make-up complete.

Meet Time: when you must meet your coaches in the meeting area/room dressed in full uniform. All backpacks, etc. must be left at this time as you will head to warm ups shortly.

Performance Time: when the team is scheduled to perform.

Award Time: when you should be present for awards ceremony in full warm-up, hair and make-up. Team reps will escort the team to awards.

Teams to Support: when you should attend performances to support required PunchFront teams. The length of the competition will determine which and how many teams to support. Your assignment will be addressed prior to each competition by the gym administration. Your attendance at assigned performances is required and failure to attend may result in dismissal from the squad without refund.

All PunchFront will be properly dressed in a PunchFront warm up or uniform at all times during a competition. All PunchFront Cheerleaders should arrive in warm-up, full make-up and hair up at every event. Parents are strongly encouraged to wear PunchFront apparel to support our teams and help others to recognize you as a fellow PunchFront fan.

All PunchFront Cheerleaders are required to attend their awards ceremony unless they have another performance during that time. **They must remain in full warm-up, make-up, hair up and shoes or they may not go up on stage.** Good sportsmanship must be displayed before, during and after the awards ceremonies.

ADDITIONAL GYM RULES/EXPECTATIONS

We are proud of our clean facility and expect all students and families to take care of our gym. There is absolutely no food or drink allowed in the instructional area. Please clean up after yourselves to keep our gym presentable at all times.

Siblings and parents are not allowed in the practice area. Please do not drop your PunchFront Cheerleader or siblings off extremely early for practice or make a habit of picking them up extremely late. We do not offer babysitting and when not under our direct supervision, we cannot be responsible for your child.

We ask that team parents help to set the example by remaining outside of the instructional area while viewing practice. If needed the viewing area may be closed at any time at the coaching staff's discretion.

Our gym prides itself on good sportsmanship and character. We will be a well-respected gym with a solid reputation for enthusiasm for the sport and award winning teams. PunchFront Cheer participants will be held to certain standards as they are role models in the community and ambassadors for their sport. Appropriate behavior and positive representation of the gym are expected at all times. Any violation of team rules may result in dismissal from the team for the remainder of the season without refund. Cheerleaders/Dancers will not:

- drink, smoke or use any illegal substances.

- have inappropriate relations with any other cheerleader (male or female) while at practice, in class or at a competition.

- use inappropriate language in the gym or at any PunchFront event.

- Participate in or post negative discussions on social media about a PunchFront team, coach or team member

2017-2018 PUNCHFRONT HALF YEAR CHEER PLACEMENT PACKET

Please turn in your completed placement packet to the front desk by November 1 (\$35 fee) This fee includes a PunchFront practice bow, and sport bra. A medical release waiver is required for all PunchFront Gymnastics and Cheer (see website). **NEW athletes are REQUIRED to attach a copy of birth certificate and ALL athletes should attach a recent photo.**

Cheerleader's Name _____

Age as of 8/31/2017 _____ Date of Birth (mm/dd/yy) _____

Parent E-mail _____

Would you like to be considered for double-teaming (additional fee) ___Yes ___No

Have you cheered before? ___ YES ___ NO If so, please list where so we can transfer your USASF membership to PunchFront _____

Are you willing to cheer for any level PunchFront team? ___ YES ___ NO

If no, circle levels on which you are willing to cheer and list an explanation. 1 2 3 4 5

Additional notes: _____

I UNDERSTAND ALL TEAM RULES OF THE PUNCHFRONT GYMNASTICS AND CHEER AND WILL ABIDE BY THEM. I UNDERSTAND THAT ONCE I AM PLACED ON A PUNCHFRONT CHEER SQUAD, FAILURE TO FOLLOW THROUGH WITH THE CONTRACTED SEASON MAY PROHIBIT ME FROM PLACEMENT ON A PUNCHFRONT CHEER SQUAD IN THE FUTURE. I ALSO UNDERSTAND I MAY NOT PARTICIPATE AT ANOTHER CHEER GYM DURING THE SEASON UNLESS IT IS WITH A SCHOOL SQUAD PRACTICE. I UNDERSTAND THAT ANY & ALL PAYMENTS ARE NON-REFUNDABLE.

Participant's signature _____ Date _____

Parent's signature _____ Date _____

Phone number we can reach you at during the placement process _____

Parent's Initials _____ Participant's Initials _____ Date _____

PunchFront Financial Policies Agreement

- 1) **Electronic Payments:** All monthly tuition for coaching paid to PFGC will be done electronically and due on the last day of the prior month through the credit card on file. A late charge of \$20 will be assessed after the 7th of the month. NO EXCEPTIONS! If your credit card expires or changes you will get a notification sent after the draft date. It will be your responsibility to ensure the card is valid. We will also email a statement to you from the gym if it is declined
- 2) **2017-2018 Prices:** The All Star Cheer program requires year round training with payments due monthly from June 2017 through May 2018.

What you will be paying TOTAL (OUTSIDE) tuition: *The uniform fee is included BUT NOT in the monthly breakdown because it is a ONE-TIME UP FRONT FEE.*

- **Half Year Members - \$892**

Monthly Tuition –

- All Teams - \$149

Choreography – One-time fee per season

- \$100

Music – One-time fee per season

- \$100

Competition Coaching Fees (coaching session fees, mileage for coaches, per diem, hotels for traveling coaches)

- \$30 per competition (\$30x2) = \$60

Competition Fees

- \$80 per competition (2 comps) = \$160
- Team Gift Fund – One-time fee per season**
- \$30 – will be used for gifts at competitions; Team Reps will be responsible for this. All gifts will be pre-approved prior to season starting. (CASH TO TEAM REP)

Uniform – One-time fee per season – Half due on November 5th

Half Year Members \$300 Total (includes: Competition Uniform \$275, Bows \$25, Shipping \$25)

- OPTIONAL: Dream Bag \$120**
- Half Year Members \$300 Total (includes: Competition Uniform \$275, Bow \$25, Shipping \$25)**

PFGC Fee Schedule for 2017-2018

***1/2 UNIFORM FEES DUE BY 11/5**

November 5 – (Tuition + 1/2 Uniform, USASF Fee)

- \$329

December 1 – (Tuition + 2nd Payment)

- \$269

January 1 – (Tuition + 3rd Payment)

- \$269

February 1 (Tuition + 4th Payment)

- \$269

March 1 (Tuition +5th Payment)

- \$269

April 1 (Tuition + 6th Payment)

- \$269

Competition Schedule

March 24th - Jacksonville Champions, Jacksonville, FL

April 21st - Gulf Coast Championships, Panama City Beach, FL

PUNCHFRONT CHEER
ACKNOWLEDGEMENT AND AGREEMENT

Athlete's Name _____

Date of Birth (mm/dd/yy) _____

Parent E-mail _____

Mother's Name _____ Cell: _____

Father's Name: _____ Cell: _____

I HAVE READ, UNDERSTOOD AND AGREE TO THE POLICIES AND PROCEDURES FOR PUNCHFRONT COMPETITIVE CHEER TEAMS IN THE TEAM MANUAL I RECEIVED ELECTRONICALLY. I UNDERSTAND ALL TEAM RULES OF THE PUNCHFRONT GYMNASTICS AND CHEER AND WILL ABIDE BY THEM. I UNDERSTAND THAT ONCE I AM PLACED ON A PUNCHFRONT TEAM, FAILURE TO FOLLOW THROUGH WITH THE CONTRACTED SEASON MAY PROHIBIT ME FROM PLACEMENT ON A PUNCHFRONT TEAM IN THE FUTURE. I ALSO UNDERSTAND I MAY NOT PARTICIPATE AT ANOTHER COMPETITIVE GYM DURING THE SEASON UNLESS IT IS APPROVED BY THE TEAM DIRECTOR. I ALSO UNDERSTAND THAT ANY & ALL PAYMENTS ARE NON-REFUNDABLE.

Initial Here: _____

I UNDERSTAND THAT FOR THE INTEGRITY OF PUNCHFRONT PROGRAMS I WILL NOT POST NEGATIVE COMMENTS ON SOCIAL MEDIA REGARDING ANYTHING RELATED TO PUNCHFRONT, I WILL NOT NEGATIVELY APPROACH A COACH DURING PRACTICE, I ALSO UNDERSTAND THAT MY NEGATIVITY TOWARDS PARENTS OR COACHES IN REGARDS TO OTHER CHILDREN WILL NOT TOLERATED AND SUBJECT TO DISMISSAL WITH NO REFUND.

Initial Here: _____

I UNDERSTAND THERE ARE NO REFUNDS ON ANY PAYMENTS MADE INTO THE COMPETITIVE PROGRAM. CREDITS FOR SITUATIONS SUCH AS MOVING AND INJURIES ARE MADE ON AN INDIVIDUAL CASE BY CASE BASIS.

Initial Here: _____

I UNDERSTAND THE PAYMENT SCHEDULE, WHAT IS BEING CHARGED, WHY IT IS BEING CHARGED AND AGREE TO MAKE PAYMENTS ON TIME.

Initial Here: _____

IMPORTANT: ALL MONTHLY FEES ARE DUE ON THE LAST DAY OF THE PREVIOUS MONTH. A CREDIT CARD MUST BE KEPT ON FILE AND REMAIN CURRENT FOR AUTO DRAFT ON THE LAST DAY OF THE MONTH. IF YOU PERFER TO PAY BY CHECK OR CASH YOU MUST DO SO PIROR TO THE AUTO DRAFT DATE OR YOU CARD WILL BE CHARGED. TO AVOID A LATE FEE OF \$20 YOUR ACCOUNT MUST BE PAID BY THE 5TH OF THE MONTH. POST DATED CHECK WILL NOT BE ACCPETED TO AVOID LATE. IF YOU NEED TO UPDATE YOU CARD YOU CAN DO SO AT THE FRONT DESK OR IN THE PARENTS PORTAL

Parent Signature: _____

Print Name: _____

Team Representative Document

Would you consider being a team rep for your child's team? __ Yes __ No

Team Representatives will use BAND for important communications throughout the season (more information provided at mandatory parent meeting).

Athlete's Name _____

Standard T-Shirt Size (circle one) YXS YS YM YL AS AM AL AXL

Mom's Name _____

Mom's Cell _____

Mom's E-Mail _____

Dad's Name _____

Dad's Cell _____

Dad's E-Mail _____

Athlete's Cell Phone (if applicable) _____

Athlete's E-Mail _____

Please return all pages of this packet (and a copy of your birth certificate) signed and initialed with your placement fee of \$100 if not paid in advance. This will indicate your understanding and agreement of our program. If you would like to keep a copy please make one before turning in your paperwork. We are looking forward to a great season with you and your athlete(s). Go PunchFront Cheer!!

Parent's Initials _____ Participant's Initials _____ Date _____